



# CHOICES

A free programme helping Broadland residents get back into work after a break, offering support and advice to help them start

**Our next 6/7 week course starts:  
Tuesday 26 April, 10am - 1pm  
Carrowbreck House, NR6 5FA  
Attendance is flexible - just come to as many  
sessions as you are able to**

## You can:

- Explore your skills and qualities
- Improve or write a CV
- Practice interview techniques
- Find out about training courses, including Microsoft Office
- Get help finding work or volunteering opportunities
- Boost your confidence
- Access advice and support in a small, friendly group

Call **01603 430535** or email  
[jane.bagley@southnorfolkandbroadland.gov.uk](mailto:jane.bagley@southnorfolkandbroadland.gov.uk)  
for more information.